

Junk Mail Filtering

Access Junk Mail Settings in Outlook 2013

1. **Right-click** any message in the inbox folder to bring up the context menu.
2. Go to the **Junk** item, and click **Junk email options...** in the smaller menu that appears.
3. On the main screen, select the level of junk filtering that should be enabled.
4. Add any exceptions for junk filtering on the **Safe Senders** tab. Mail from these email addresses will never be filtered by the junk filter.
5. Add any senders that should be blocked on the **Blocked Senders** tab. Mail from these email addresses will always be filtered by the junk filter.
6. Click **OK** to save settings and close the junk email options window.

About Junk Mail Filtering

Preventing unwanted email (spam or Junk Email) is a difficult problem. SPU has created a "defense in depth" for spam and has a dedicated filter appliance that helps reduce the problem significantly. Settings for the filter will affect all messages received by all SPU email accounts.

For those messages that make it beyond our server email filtering devices, [Outlook 2016](#) has its own junk mail filter.

It is generally not a good idea to reply in any way to unsolicited commercial email since replying informs the sender that your email address is actively being used. Your address can then be put on a list of "verified" addresses and sold at a premium. Instead, just ignore and delete the email.

Better filtering will result in less spam, but it will increase the likelihood of individual messages being incorrectly routed to one of the holding areas for your review. **By default, the Outlook 2013 Junk Email Filter will move email it considers Junk to the the Junk Email folder.**

Since SPU maintains several layers of defense against spam, the more options you actively change, the more likely individual messages could be considered spam by your configuration.

Related articles

- [Send Department Communications via Email](#)
- [iPhone Email Client Configuration](#)
- [Install Microsoft Office 365 for Windows](#)
- [Recover Deleted Items](#)
- [Junk Mail Filtering](#)